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Re: Dr. Sherin Lee

To Whom It May Concern:

When I first met Dr. Lee in October, 2000, I had just celebrated my 68th birthday. And I certainly felt that age.

Years of improper diet had led to severe coronary heart disease. I told her that I had undergone two heart bypasses, the first one in 1982 and the last one about four years ago. Over the years my weight had increased to about 70 pounds over what it was when I graduated college. In addition, I had developed high blood pressure and was taking several medications to keep it under control, sometimes without success.

Dr. Lee explained to me how I could improve my health through proper diet, which included the use of selected herbs and other nutritional therapies. I decided that it was not too late for me to change the course of my life and move it in a healthier direction. After following her advice for a short time, I began to notice a significant difference in my physical and mental well-being. The excess weight was starting to come off, my waist size was decreasing and my energy level started to go north instead of continuing to head south.

Now, six months later, I have lost approximately 30 pounds and reduced my waist size six inches. Due to Dr. Lee, I feel better at age 68 than I did 20 years ago. Recent tests at the Mayo Clinic indicated my cholesterol, blood pressure and other heart-risk factors have shown significant improvement, prompting the attending physician to congratulate me on my positive efforts. Also, friends and relatives tell me that I look better now than at any time within recent memory.

Thank you Dr. Lee!

Sincerely,



Roger A. Benson
A Grateful Client

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